



# Our Mission:

THRIVE's mission is to help individuals and families find, maintain and strengthen their recovery through peer-based support, navigation assistance and referral services; provide interactive educational programs that promote wellness, economic prosperity and civic engagement, and maintain a safe, welcoming haven for substance-free recreational and social activities.

**THRIVE**  
Suffolk

1324 Motor  
Parkway, Suite  
102  
Hauppague,  
NY, 11749  
631-822-3396

**THRIVE**  
Nassau

1025 Old  
Country Road,  
Suite 400  
Westbury, NY,  
11590  
516-765-7600

**East End**  
**THRIVE**

110 Mill Road,  
suites A & B  
Westhampton  
Beach, NY  
11978  
631-822-3397

**THRIVE**  
Everywhere

Community based  
peer support  
(516) 434-8397

# THRIVE

Recovery Centers

Long Island's Center for  
Transformation, Healing,  
Recovery, Inspiration,  
Validation, and  
Empowerment.



[www.thriveliveli.org](http://www.thriveliveli.org)

@thriveliveli\_recovery  
THRIVELiverecovery



East End THRIVE

# THRIVE

Family and Children's Association opened the doors of THRIVE Suffolk in March 2017 as Long Island's first recovery community and outreach center. THRIVE has been helping individuals and families find, maintain and strengthen their recovery. This free and non-clinical center opened in response to the heroin and opioid epidemic sweeping across the country. Due to the success of THRIVE Suffolk and the continued need for services and support in our communities, THRIVE Nassau later opened in June 2019 and THRIVE East End in November 2021.



THRIVE Suffolk

## Services

### Recovery Coaching

Our recovery coaches provide a peer-to-peer relationship to support you in sustaining recovery and overall wellness so you can achieve your goals. Through one-on-one weekly sessions, a coach will provide guidance and encouragement in building a support network and developing a personalized recovery plan. THRIVE services are provided to individuals and loved ones in recovery.

### Peer Support Groups & Workshops

THRIVE offers peer facilitated groups and healing modalities ranging from 12-step (e.g. AA, NA), non-secular (Refuge Recovery, The Sangha), secular (SMART), all recovery, physical activity (yoga, hikes), family support, medication supported, harm reduction, to natural recovery.



THRIVE Recovery Garden

**THRIVE Everywhere's** community based activities and events include:

- A wide variety of social activities, ranging from gardening, ice skating, bowling, hiking and so much more. Please visit THRIVE's website for calendar of events.
- Community based Narcan training



THRIVE Nassau

## Get Involved/Volunteer

THRIVE is always interested in new, relevant services and activities, and has an ongoing need for wellness instructors, workshop leaders, event organizers, artists (visual, musical and otherwise) and creatives of all sorts. We're also seeking volunteers to welcome visitors, answer phones, and help with light filing. Interested in helping out? Give us a shout!

Suggestions for how we can make the activities and services more appealing and useful to members of the recovery community are always welcome.

## THRIVE University

THRIVE University provides FREE education and training for Certified Recovery Peer Advocates who are new to and/or working in the field. Our experienced team of professionals develops trainings based on feedback from those in the field and the community partners we work with.