

# April 2025 THRIVE Everywhere Calendar

For our most current information/updates, please visit [www.ThriveLL.org](http://www.ThriveLL.org)

KEY: GREEN – Nassau County BLUE – Suffolk County INDIGO-- Hybrid

ORANGE – Community Engagements PURPLE—Special Events

Back of calendar contains group and event descriptions!

 <https://www.facebook.com/THRIVerecovery/>  [thrive\\_recovery](https://www.instagram.com/thrive_recovery)



**Phone:** 516-434-8397  
**Email:** [thriveeverywhere@fcali.org](mailto:thriveeverywhere@fcali.org)  
**Suffolk:** 1324 Motor Parkway, Suite 102, Hauppauge, NY 11749  
**East End:** 680 Elton Street, Riverhead, NY 11901  
**Nassau:** 1025 Old Country Road, Suite 400, Westbury, NY 11590  
(USE ENTRANCE ON CORNER OF BOND STREET & OLD COUNTRY RD)

## Activities/Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				
6	7	8	9	10	11	12
		<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)			<b>7:30pm-9:00pm</b> Reiki Healing @ THRIVE Suffolk	<b>7:30pm-9pm</b> Yoga for Recovery @ Yoga Moksha (Huntington)
13	14	15	16	17	18	19
		<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	<b>5pm-8pm</b> Sober Social @Shabby Tabby Cat Café		<b>6:30pm-8:00pm</b> Reiki Healing @ THRIVE East End	
20	21	22	23	24	25	26
		<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	<b>4-6pm</b> Recovery Garden @ St. Francis Episcopal			<b>5:30-7:00PM</b> Reiki Healing @ Yoga Moksha (Huntington) <b>7:30pm-9pm</b> Yoga for Recovery @ Yoga Moksha (Huntington)
27	28	29	30			
<b>10am-4pm</b> Earth Day Celebration @ Gabriel's Giving Tree		<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	<b>4-6pm</b> Recovery Garden @ St. Francis Episcopal		<b>THRIVE'S Certified Recovery Peer Advocates are available to support YOU on your Recovery journey. Call us at 516-434-8397 for more information on our Recovery Events.</b>	

## TUESDAYS:

**Dad's Discussion from 6:00pm-7:00pm:** Calling all dads! Join us every Tuesday in person or on ZOOM for a weekly recovery-based discussion group for dads. For more information, please contact Jason at 516-460-4598.

*Location: YES! Levittown Office- 152 Center Lane 2nd Floor, Levittown, NY*

## WEDNESDAYS:

**4/16/2025 Sober Social from 6:30pm-8:00pm @ The Shabby Tabby Cat Cafe:** Join us for a relaxed evening of connection, coffee, and cats! This is a wonderful opportunity to meet others in recovery while enjoying the calming presence of our furry friends at The Shabby Tabby.

*Location: The Shabby Tabby Cat Cafe- 197 W Main St, Sayville, NY 11782*

**Starting 4/23/2025- Community Gardening from 4pm-6pm @ St. Francis Church, Bellmore:** Are you interested in Gardening? Join us every Wednesday starting on April 23<sup>rd</sup> for a hands-on Gardening Group in the Recovery Garden at St. Francis. No gardening experience is required! Gardening gloves and tools will be provided.  
*Location: St. Francis Episcopal Church- 1692 Bellmore Ave, North Bellmore, NY 11710*

## FRIDAYS:

**4/11/25 Reiki Group 7:30pm-9:00pm @ East End THRIVE:** Join us for an evening of healing and grounding oneself. Reiki is a healing modality that aids in the unblocking of stagnant energy. During the event, you will have the opportunity to receive a Reiki session from our experienced practitioners, who will help balance your energy and promote overall well-being. Come unwind, recharge, and discover the benefits of Reiki healing. This experience is FREE and open to everyone ages 18+. Pre-registration is required,

*Location: East End THRIVE- 680 Elton Street, Riverhead, NY 11901*

**4/18/25 Reiki Group 6:30pm-8:00pm @ THRIVE Suffolk:** Join us for an evening of healing and grounding oneself. Reiki is a healing modality that aids in the unblocking of stagnant energy. During the event, you will have the opportunity to receive a Reiki session from our experienced practitioners, who will help balance your energy and promote overall well-being. Come unwind, recharge, and discover the benefits of Reiki healing. This experience is FREE and open to everyone ages 18+.

*Location: THRIVE Suffolk- 1324 Motor Parkway, Ste. 102, Hauppauge, NY*

## SATURDAYS:

**4/26/25 Reiki Healing from 5:30pm-7:00pm @ Yoga Moksha:** Reiki is a gentle healing practice that focuses on balancing your energy and aligning your chakras. A Reiki practitioner uses light touch or hands hovering over the body to help release stress, restore energy flow, and support the body's natural healing process. It's a calming experience that can bring a sense of peace and well-being.

*Location: Yoga Moksha- 195 E Main St, Huntington, NY 11743*

**Yoga for Recovery 2<sup>nd</sup> and 4<sup>th</sup> Saturday of Every month from 7:30pm-9:00pm @ Yoga Moksha:** Yoga for Recovery is designed to introduce the understanding that yoga is a healing modality. We will explore through discussion, sound healing, breathwork and more. Yoga can benefit everyone, including people recovering from addiction. For more information, please contact 516-310-2531.

*Location: Yoga Moksha- 195 E Main St, Huntington, NY 11743*