# **August 2025 THRIVE Everywhere Calendar**

For our most current information/updates, please visit www.ThriveLl.org

KEY: GREEN - LOCATED IN NASSAU COUNTY BLUE - LOCATED IN SUFFOLK COUNTY

PURPLE – SPECIAL EVENTS <u>INDIGO</u> — HYBRID

Back of calendar contains group descriptions!



Phone: 516-434-8397

Email: thriveeverywhere@fcali.org

Suffolk: 1324 Motor Parkway, Suite 102, Hauppauge, NY 11749
East End: 680 Elton Street, Riverhead, NY 11901

Nassau:1025 Old Country Road, Suite 400, Westbury, NY 11590
(USE ENTRANCE ON CORNER OF BOND STREET & OLD COUNTRY RD)

Bac	Back of calendar contains group descriptions!							
Activities/Events								
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	2	
	are available t Reco Call us 516-434-83	Recovery Peer Advoca o support <u>YOU</u> on your very journey. 197 To schedule with one Recovery Coaches.				6:30-7:30pm Yoga on the Beach @ Robert Moses State Park Field 2		
	3	4	5	6	7	8	9	
			<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				7:30pm-9pm Yoga for Recovery with Sound Bath @ Yoga Moksha (Huntington)	
	10	11	12	13	14	15	16	
			<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	8:30-6pm Beetlejuice Beetlejuice @ The Garden at St. Francis			<b>2pm-7pm</b> Splish Splash (Riverhead)	
	17	18	19	20	21	22	23	
			<b>6pm-7pm</b> Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				<b>7:30pm-9pm</b> Yoga for Recovery with Reiki Energy Healing @ Yoga Moksha (Huntington)	
	24	25	26	27	28	29	30	
			6pm-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	<b>6:30-7:30pm</b> Drum Circle @ The Garden at St. Francis				

### **TUESDAYS**

<u>Dad's Discussion from 6:00pm-7:00pm</u>: Calling all dads! Join us every Tuesday in person or on ZOOM for a weekly recovery-based discussion group for dads. For more information, please contact Jason at 516-460-4598.

Location: YES! Levittown Office- 152 Center Lane 2nd Floor, Levittown, NY

## **WEDNESDAYS**

8/13/2025 – Beetlejuice Beetlejuice from 8:15pm-10:30pm @ The Garden at St. Francis, North Bellmore: Grab a blanket or lawn chair and join us for a THRIVE outdoor movie night in the beautiful THRIVE Recovery Garden at the Garden at St. Francis! This month we will be viewing the movie Beetlejuice Beetlejuice. Light refreshments provided.

Location: St. Francis Episcopal Church- 1692 Bellmore Ave, North Bellmore, NY 11710

**8/27/2025 - Roots of Healing Summer Series: Drum Circle from 6:30pm-7:30pm @ The Garden at St. Francis, North Bellmore:** This month's healing modality features a rhythmic, communal experience using drumming to connect, release, and find inner harmony. It fosters a sense of unity, connection, and shared energy, often used for celebration, healing and community building. You are welcome to bring your own drums and instruments. For more information, please contact 516-434-8397. *Location: St. Francis Episcopal Church- 1692 Bellmore Ave, North Bellmore, NY 11710* 

### **FRIDAYS**

**8/1/2025 Yoga on the Beach from 5:30pm-7:00pm @ Robert Moses State Park Field 2 (Far right side of the beach):** Yoga for Recovery on the Beach is a gentle, beginner friendly class that introduces yoga as a healing tool for those in recovery. We'll start with a supportive group discussion, then move through a mindful yoga flow. Please bring a towel/blanket/yoga mat (we will have extras). Please note: we will be on the far right side of the beach. Park at the far right side of the parking lot.

Location: Robert Moses State Park Field 2 – 657 Robert Moses State Park Drive, Babylon, NY 11702

# **SATURDAYS**

THRIVE East End & THRIVE Everywhere @ Splish Splash Water Park from 2:00pm-7:00pm (Riverhead) Join East End & THRIVE Everywhere for a FREE day at Splish Splash Water Park. This event is all about community, connection, and summer fun! Whether you're coming with family, friends, or flying solo, this is the perfect way to enjoy the summer sun and connect with others in a safe, supportive environment. Space is limited and pre-registration is required! Registration includes free admission to the park. To register, please call: (631) 822-3397 or THRIVE Everywhere at: (516) 434-8397 This event is free admisssion and open to those 18 & over.

<u>Yoga for Recovery 2<sup>nd</sup> and 4<sup>th</sup> Saturday of Every month from 7:30pm-9:00pm @ Yoga Moksha:</u> Yoga for Recovery is designed to introduce the understanding that yoga is a healing modality. We will explore through discussion, sound healing, breathwork and more. Yoga can benefit everyone, including people recovering from addiction. For more information, please contact 516-310-2531.

Location: Yoga Moksha- 195 E Main St, Huntington, NY 1174