

September 2025 THRIVE Everywhere Calendar

For our most current information/updates, please visit www.ThriveLI.org

KEY: **GREEN** – Nassau County **BLUE** – Suffolk County

INDIGO—Hybrid **PURPLE**—Special Events **ORANGE**-- Community Engagements

Back of calendar contains group and event descriptions!

<https://www.facebook.com/THRIVErecovery/> [thrive_recovery](https://www.instagram.com/thrive_recovery)



Phone: 516-434-8397

Email: thriveeverywhere@fcali.org

Suffolk: 1324 Motor Parkway, Suite 102, Hauppauge, NY 11749

East End: 680 Elton Street, Riverhead, NY 11901

Nassau: 1025 Old Country Road, Suite 400, Westbury, NY 11590

(USE ENTRANCE ON CORNER OF BOND STREET & OLD COUNTRY RD)

Activities/Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				
7	8	9	10	11	12	13
11am-4pm 3rd Annual Kick-off to Recovery Month @ THRIVE Suffolk		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)		5pm-6:30pm Sunset Paddleboarding and Kayaking @ Waterfront Center (Oyster Bay)		7:30-9pm Yoga for Recovery @ Yoga Moksha (Huntington)
14	15	16	17	18	19	20
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)			7-10pm Rock N Recovery @ St. Peters Lutheran Church (Huntington Station)	11am-2pm Huntington Wellness Walk for Hope @ Heckscher Park (Huntington)
21	22	23	24	25	26	27
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	6:30-7:30pm Yin Yoga & Sound bath @ The Garden at St. Francis 8-9pm Breaking the Silence @ THRIVE Nassau			7:30-9pm Yoga for Recovery @ Yoga Moksha (Huntington)
28	29	30	31			
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				

THRIVE'S Certified Recovery Peer Advocates are available to support **YOU** on your Recovery journey. Call us at 516-434-8397 for more information on our Recovery Events.

TUESDAYS:

Dad's Discussion from 6:00pm–7:00pm @ YES! and Zoom: Calling all dads! Join us every Tuesday in person or on ZOOM for a weekly recovery-based discussion group for dads. For more information, please contact 516-460-4598. *Location: YES! Levittown Office- 152 Center Lane 2nd Floor, Levittown, NY*

WEDNESDAYS:

9/24/25 Yin Yoga with Sound Bath from 6:30pm–7:30pm @ The Garden at St. Francis: As part of our Roots of Healing: Summer Wellness Series, unwind with a grounding yin yoga practice paired with a soothing sound bath in the THRIVE Recovery Garden. This unique experience will leave you feeling calm, centered, and rejuvenated. All skill levels are welcome! For more information, please contact 516-310-2531. *Location: The Garden at St. Francis – 1692 Bellmore Avenue, North Bellmore, NY 11710*

Breaking the Silence from 8:00pm–9:00pm @ THRIVE Nassau: THRIVE Peer Advocate Jason Mayo shares from his memoir *In Case of Emergency, Break Childhood* in an honest evening of reading and discussion on mental health, addiction, and recovery. Free Narcan training and certification to follow. Light refreshments will be served. *Location: THRIVE Nassau – 1025 Old Country Rd, Suite 400, Westbury, NY (Bond Street Entrance, parking in State Street Lot)*

THURSDAYS:

9/11/25 Sunset Paddleboarding and Kayaking from 5:00pm–6:30pm @ Waterfront Center: Join us for an evening on the water as we watch the sunset while paddleboarding or kayaking. Spots are limited, so be sure to register early. Choose your own adventure —either paddleboard or kayaking. All skill levels are welcome! For more information please contact 516-310-2531. *Location: The Waterfront Center - 1 W End Ave, Oyster Bay, NY 11771*

FRIDAYS:

9/19/25 LIRA's Rock 'N' Recovery XVII from 7:00pm–10:00pm @ St. Peter's Lutheran Church: THRIVE attending LIRA's Annual Rock 'N' Recovery event. Celebrate the miracle of recovery with food, music, dancing, and special award presentations. *Location: St. Peter's Lutheran Church, Upper Auditorium – 10 Ogden Court, Huntington Station, NY 11746*

SATURDAYS:

9/20/25 Town of Huntington Wellness Walk for Hope from 11:00am–2:00pm @ Hecksher Park (Huntington) THRIVE is proud to participate in the Town of Huntington's Wellness Walk for Hope. Join us as we walk together to promote health, recovery, and community support. *Location: Heckscher Park - 147 Main St, Huntington, NY 11743*

Yoga for Recovery 2nd and 4th Saturday of Every month from 7:30pm–9:00pm @ Yoga Moksha: Yoga for Recovery is designed to introduce the understanding that yoga is a healing modality. We will explore through discussion, sound healing, breathwork and more. Yoga can benefit everyone, including people recovering from addiction. For more information, please contact 516-310-2531. *Location: Yoga Moksha- 195 E Main St, Huntington, NY 11743*

SUNDAYS:

9/7/25 THRIVE's 3rd Annual Kick-Off to Recovery Month from 11:30am–4:00pm @ THRIVE Suffolk: Celebrate recovery with us at THRIVE's 3rd Annual Kick Off to Recovery Month! Enjoy food trucks, fellowship, music, and a day filled with joy and connection. *Location: THRIVE Suffolk – 1324 Motor Parkway, Hauppauge, NY 11749*