# October 2025 THRIVE Everywhere Calendar

For our most current information/updates, please visit <u>www.ThriveLl.org</u>

KEY: GREEN - Nassau County BLUE - Suffolk County

INDIGO—Hybrid PURPLE—Special Events ORANGE-- Community Engagements

# Back of calendar contains group and event descriptions!

https://www.facebook.com/THRIVErecovery/ thrive\_recovery





Phone: 516-434-8397

Email: thriveeverywhere@fcali.org

Suffolk: 1324 Motor Parkway, Suite 102, Hauppauge, NY 11749

East End: 680 Elton Street, Riverhead, NY 11901

Nassau:1025 Old Country Road, Suite 400, Westbury, NY 11590 (USE ENTRANCE ON CORNER OF BOND STREET & OLD COUNTRY RD)

Activities/Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				10am-4pm Bloom & Breath Wellness Retreat @ Belmont Lake State Park (West Babylon)
5	6	7	8	9	10	11
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	6:30pm-8pm Sober Social @ The Shabby Tabby (Sayville)			7:30-9pm Yoga for Recovery w/ Yoga Nidra @ Yoga Moksha (Huntington)
12	13	14	15	16	17	18
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)			6:30-10pm Movie Night- Wicked @ THRIVE Nassau 6-8pm Breaking the Silence @ THRIVE East End	
19	20	21	22	23	24	25
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	6:30-7:30pm Roller Skating @ United Skates of America (Seaford)			7:30-9pm Yoga for Recovery @ Yoga Moksha (Huntington)
26	27	28	29	30	31	
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)			available to support <u>YOU</u> Call us at 516-434-839	overy Peer Advocates are on your Recovery journey. 7 for more information on very Events.
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#### **TUESDAYS:**

<u>Dad's Discussion from 6:00pm–7:00pm @ YES! and Zoom</u>: Calling all dads! Join us every Tuesday in person or on ZOOM for a weekly recovery-based discussion group for dads. For more information, please contact 516-460-4598. Location: YES! Levittown Office- 152 Center Lane 2nd Floor, Levittown, NY

#### **WEDNESDAYS**:

Sober Social 2<sup>nd</sup> Wednesday of Every month from 6:30pm–8:00pm @ The Shabby Tabby Cat Café: THRIVE Everywhere will be hosting a Sober Social—a time to fellowship and connect with others in the recovery community. Enjoy playing with cats that are up for adoption while sipping on complimentary tea and coffee. For more information, contact 516-310-2531. This event will take place on the 2nd Wednesday of every month from now till December.

Location: The Shabby Tabby Cat Café—197 W Main Street, Sayville, NY 11782

10/22/2025 Roller Skating Night from 6:45 pm—8:45 pm @ United Skates of America: Join THRIVE for a fun-filled evening of roller skating! Admission includes skate rentals, food, and beverages. Registration is required to attend. For more information, contact 516-310-2531.

Location: United Skates of America—1276 Hicksville Road, Seaford, NY 11783

# FRIDAYS:

# 10/17/2025 Breaking the Silence from 6:00pm-8:00pm @ THRIVE East End:

THRIVE Peer Advocate Jason Mayo shares from his memoir *In Case of Emergency, Break Childhood* in an honest evening of reading and discussion on mental health, addiction, and recovery. Free Narcan training and certification to follow. Light refreshments will be served.

Location: THRIVE East End- 680 Elton Street, Riverhead, NY

## 10/17/2025 Movie Night: Wicked from 6:30 pm-10:00 pm @ THRIVE Nassau:

Join THRIVE for a fun-filled Movie Night featuring the beloved musical film *Wicked*! Come enjoy a cozy evening with friends, community, and light refreshments. *Location: THRIVE Nassau—1025 Old Country Road, Suite 400, Westbury, NY 11590 (Entrance on Bond Street)* 

### **SATURDAYS**:

8/4/25 Bloom & Breath Wellness Retreat from 10:00am–4:00pm @ Belmont Lake State Park (West Babylon): Join THRIVE for a rejuvenating day of healing and connection at our annual Wellness Retreat. The day will feature yoga, Kirtan, meditation, group activities, and opportunities to recharge in nature. Breakfast and lunch will be provided.

Location: Belmont Lake State Park- Maple Pavilion -38 Southern State Parkway Exit, North Babylon, NY 11703

Yoga for Recovery 2<sup>nd</sup> and 4<sup>th</sup> Saturday of Every month from 7:30pm–9:00pm @ Yoga Moksha: Yoga for Recovery is designed to introduce the understanding that yoga is a healing modality. We will explore through discussion, sound healing, breathwork and more. Yoga can benefit everyone, including people recovering from addiction. For more information, please contact 516-310-2531.

Location: Yoga Moksha- 195 E Main St. Huntington, NY 11743