

January 2026 THRIVE Everywhere Calendar

For our most current information/updates, please visit www.ThriveLI.org

KEY: **GREEN** – Nassau County **BLUE** – Suffolk County

INDIGO—Hybrid **PURPLE**—Special Events

Back of calendar contains group and event descriptions!

 <https://www.facebook.com/THRIVErecovery/>  [thrive_recovery](https://www.instagram.com/thrive_recovery)



Phone: 516-434-8397

Email: thriveeverywhere@fcali.org

Suffolk: 1324 Motor Parkway, Suite 102, Hauppauge, NY 11749

East End: 680 Elton Street, Riverhead, NY 11901

Nassau: 1025 Old Country Road, Suite 400, Westbury, NY 11590

(USE ENTRANCE ON CORNER OF BOND STREET & OLD COUNTRY RD)

Activities/Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				1:30pm-2:30pm Reiki Circle @ THRIVE Suffolk
11	12	13	14	15	16	17
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)	6:30pm-8pm Sober Social @ The Shabby Tabby (Sayville)			
18	19	20	21	22	23	24
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM) 6:30pm-8pm Reiki Circle @ THRIVE Nassau (Westbury)	6:30pm-8pm Pasta Making @ Cook's Studio (Amityville)		6:00pm-7:30pm Somatic Experience @ St. Francis Episcopal Church (North Bellmore)	
25	26	27	28	29	30	31
		6-7pm Dad's in Recovery Discussion Group @ YES! (Levittown & ZOOM)				

THRIVE'S Certified Recovery Peer Advocates are available to support YOU on your Recovery journey. Call us at 516-434-8397 for more information on our Recovery Events.

TUESDAYS:

Dad's Discussion from 6:00pm–7:00pm @ YES! and Zoom: Calling all dads! Join us every Tuesday in person or on ZOOM for a weekly recovery-based discussion group for dads. For more information, please contact 516-460-4598.

Location: YES! Levittown Office- 152 Center Lane 2nd Floor, Levittown, NY

1/20/2026: Reiki Circle from 6:30pm–8:00pm @ THRIVE Nassau: Experience Reiki, a gentle practice that aligns the chakras and supports natural healing. Join us for a peaceful evening at THRIVE Nassau.

Location: THRIVE Nassau—1025 Old Country Rd, Suite 400, Westbury, NY 11590

WEDNESDAYS:

Sober Social 2nd Wednesday of Every month from 6:30pm–8:00pm @ The Shabby Tabby Cat Café: THRIVE Everywhere will be hosting a Sober Social—a time to fellowship and connect with others in the recovery community. Enjoy playing with cats that are up for adoption while sipping on complimentary tea and coffee. For more information, contact 516-310-2531. This event will take place on the 2nd Wednesday of every month till March.

Location: The Shabby Tabby Cat Café—197 W Main Street, Sayville, NY 11782

1/21/2026: Pasta Making Cooking Class from 6:30pm-8:00pm @ Cook's Studio: Join THRIVE Everywhere for a hands-on cooking experience at Cook Studio in Amityville! Participants will learn the art of making fresh pasta in an interactive, supportive environment. Registration is required.

Location: Cook Studio— 805 Broadway, Amityville, NY 11701

FRIDAYS:

1/23/2026: Somatic Experience from 6:00pm–7:30pm @ St. Francis Episcopal Church: Somatic Experiencing is a gentle, body-based method that helps release stress and support nervous-system balance. Join us for an evening of grounding Somatic work in the hall at St. Francis Episcopal Church. No experience is required.

Location: St. Francis Episcopal Church—1692 Bellmore Avenue, North Bellmore, NY

SATURDAYS:

1/10/2026: Mindful Energy Healing from 1:30pm–2:30pm @ THRIVE Suffolk: Experience Reiki, a gentle practice that aligns the chakras and supports natural healing. Join us for a peaceful afternoon at THRIVE Suffolk.

Location: THRIVE Suffolk—1324 Motor Parkway, Suite 102, Hauppauge, NY 11749